

NEWSLETTER



In This Issue – We feature Patty's Place, a dementia care centre run by Acclaim Health, outline healthcare options as we manage the fall/winter virus season, provide an update on our Community Wellness Hub expansion, and more!

Patty's Place is on the Frontlines of Dementia Care in Halton

Patty's Place, Acclaim Health's state of the art dementia care centre in Oakville, helps people living with dementia stay at home longer. Family caregivers get a meaningful break, while their person living with dementia (club member) has the opportunity to have fun, socialize, and enjoy specialized activities designed to support their independence.

Patty's Place features:

- Two Adult Day Programs: the Walmley Club and Soper Club
- JIM's Suites: short stay overnight respite
- An immersive technology room (the first of its kind in Canada designed specifically for people with dementia)
- A variety of caregiver supports, including virtual and in-person support groups, educational courses and family consultations, and fun socials

The Walmley and Soper Clubs

The Walmley Club is an integrated club that supports people who are at risk of isolation due to a diverse range of challenges, including the early stages of dementia, cognitive impairments, or physical challenges. The Soper Club is dementia-specific and tailored for people living with mid-to-late stage dementia. Both are extremely popular and have significant waiting lists, so it's best to make referrals as soon as possible in the dementia journey. Online referrals can be made through the Adult Day Program Central Registry. Cost is \$24 per day.

JIM's Suites

A home away from home for people living with dementia. Guests receive 24/7 all-inclusive care for up to 2 weeks at a time. Stays include all meals and access to the Soper Club during the day. Available to residents across Halton, this is a great option for caregivers who need a complete break and/or people on the waiting list for a day program. Reservations open 4 months in advance and a 2 night trial stay must be completed before longer stays can be booked. Book directly through Acclaim health for trial stays and repeat guest reservations. Cost is \$100 for 24 hours of care.



As a registered charity, Acclaim Health ensures fee assistance is available for families who need it.



Remote Care Management Program

Interested in our Remote Care Management program? Click [HERE](#) to watch a video outlining the program! The referral form for the program can be found on our website or click [HERE](#).

Fall/Winter Respiratory Preparedness Planning

As we manage the fall/winter respiratory season, surge planning emphasizes strong collaboration between different levels of the healthcare system in the CCHOHT region and aims to optimize resource utilization, share critical information in real time, and enhance the overall efficiency of the healthcare response. As we try to ease the pressure felt by hospitals, Emergency Departments, and service providers, please consult the graphic below for potential alternate care options. Handwashing remains an important part of infection control, as well as getting your annual flu shot and COVID booster.

Home and Community Care Support Services has also prepared a useful holiday checklist for patients. Please click [HERE](#) for the English version and [HERE](#) for the French version.

Holiday Healthcare Options



Primary Care Provider

As a first step, please call your family doctor. If you do not have a family doctor or your doctor is unavailable, please try one of the other options listed.



Health811

Call 811 or visit [Health811](#) to get health advice, check your symptoms, find a health service, or learn more about medical terms/conditions.



Pharmacist

Your pharmacist can recommend appropriate treatment options, including prescribing medication for minor ailments.



Virtual Appointment

Visit [urgentcareontario.ca](#) to determine if a virtual visit is right for you.



Walk-In Clinic

Visit [mississaugahealthline.ca](#) for a walk-in clinic near you.



Emergency Department

Visit your nearest Emergency Department if you are experiencing a life-threatening, time sensitive emergency.



Community Wellness Hub Update



We are thrilled to announce the upcoming expansion of our Community Wellness Hub to a new location at 8 Durham Street in Georgetown. This decision is the result of a carefully crafted strategy by the CCHOHT, based on population health needs assessment and in close collaboration with Halton Region.

Our selection of 8 Durham St. reflects our commitment to serving the seniors in our community. With a comprehensive implementation strategy already in place, we are excited to begin the rollout of services in early 2024. This expansion represents not just growth, but our dedication to enhancing the wellness and quality of life for our community members. Stay tuned for more updates as we embark on this exciting journey together.

Halton Physician Association (HPA) News



**Halton
Physician
Association**
HALTON HILLS • MILTON • OAKVILLE

The **Halton Physician Association** held an educational webinar on November 23, 2023 featuring Dr. Darren Holub and the Rapid Access Addiction Medicine (RAAM) Clinic. The HPA plans to offer further educational events, as well as social events, in the New Year. Please visit their [website](#) for more information.

- **January 9, 2024 - 8 Week Course for Caregivers of Adults with Mental Health Conditions** (Canadian Mental Health Association). For more information and to express interest in participating, email familytofamily@cmhahrb.ca.
- **January 23, 2024 - HR Solutions in Healthcare** (Spark Conferences). Click [HERE](#) for more information.
- **January 31, 2024 - Demystifying Genetics: Understanding Your Risk for Dementia** (Alzheimer Society Brant, Haldimand Norfolk, Hamilton Halton). Visit www.alzda.ca to register.
- **January 2024 - March 31, 2024 - LEAP Core Palliative Care Education** (Pallium Canada). Click [here](#) to express interest in this training.



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