



December 31st, 2022

To: Halton Region Family Physicians

RE: HALTON HEALTHCARE OLDER ADULT MENTAL HEALTH SERVICE

Dear Colleague

Halton Healthcare would like to bring to your attention the older adult mental health services, available at the Oakville Trafalgar Memorial Hospital and North Halton Mental Health Clinics (Milton and Georgetown community sites). The team is comprised of geriatric psychiatrists - Dr Syeeda Salim, Dr Sheena Ghodasara, Dr Briana Howarth and Dr Temitayo Aboaba (joining February 2023). They are supported by nursing and allied health staff.

SERVICE CRITERIA	
AGE REQUIREMENTS	65+ years of age <i>*age criteria is waived for requests for diagnosis and management of cognitive impairment and dementia</i>
PHYSICIAN REFERRAL REQUIRED	oneLink referral form to be completed by physician, NP, physician assistant https://one-link.ca/wp-content/uploads/2020/09/one-Link-referral-form-fillable-7.pdf
DIAGNOSTIC AND CLINICAL INFORMATION	Individuals over the age of 65 years who are experiencing/require: <ul style="list-style-type: none"> • Medication assessment for mental health concerns • Late onset mental health symptoms • Behavioural and psychological complications associated with dementia • Long standing psychiatric disorders with age-related complications • Medical and functional impairment with associated psychiatric and behavioural dysfunction • Diagnosis and management of dementia <p>Referrals are prioritized as urgent for symptomology including: mania, suicidal ideation, responsive behaviours (aggression) associated with dementia, psychosis and psychotropic medication polypharmacy (3+psychoactive medications).</p>

Should you have any further questions please contact the clinic at (905) 845 2571 X 5061.

Sincerely,

Dr Sammy Barakat

Chief of Psychiatry, Halton Healthcare

Elma Hrapovich

Director Mental Health & Addictions,
MH Central Intake